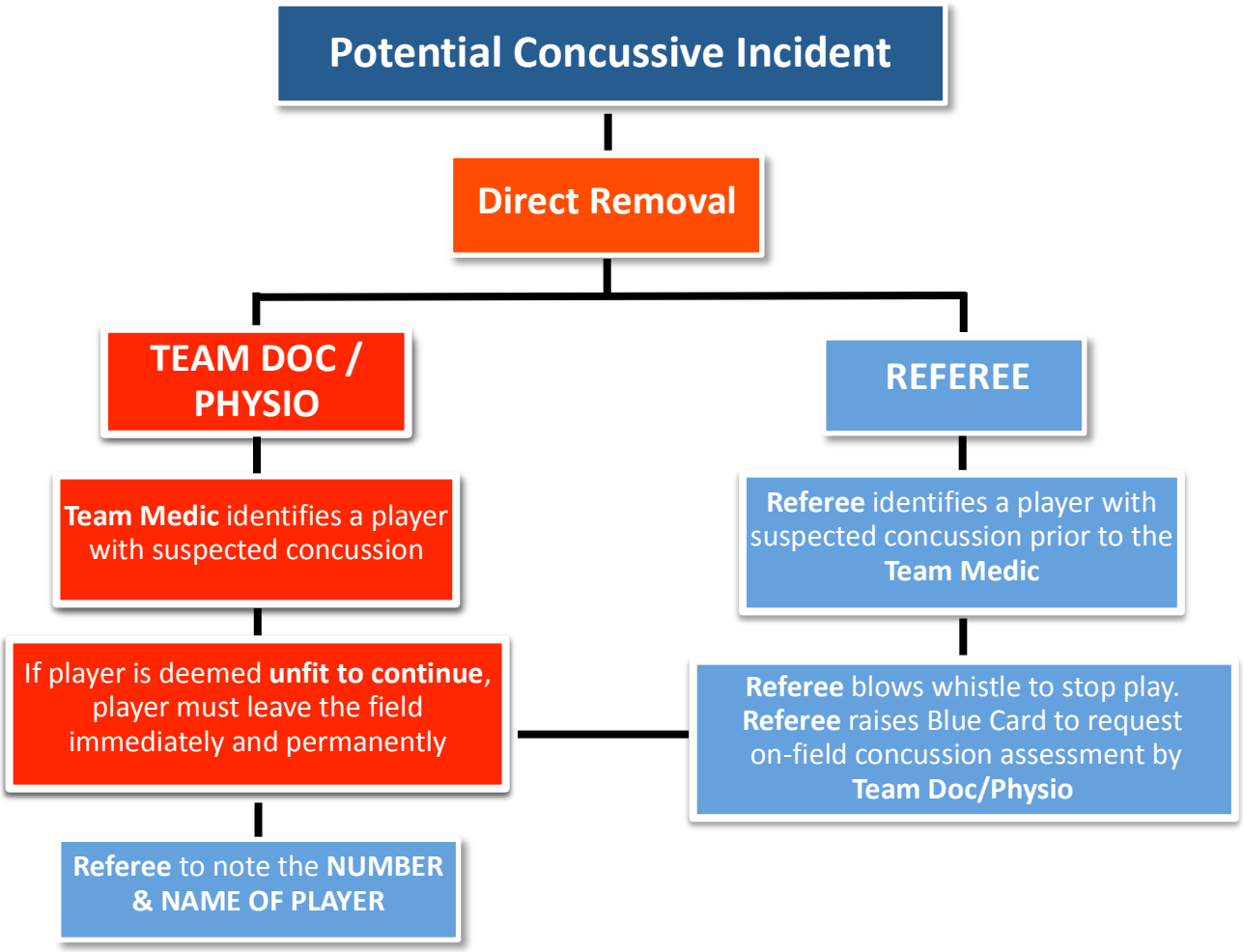
HKRU
香港欖球總會

RECOGNISE & REMOVE / BLUE CARD CONCUSSION PROTOCOL (WITHOUT MDD)

In all cases of suspected concussion, the player should take three weeks rest (four weeks for U12) and/or see a Doctor who is trained in concussion assessment before returning to training/play.



For further information please refer to World Rugby Law 10.1 Concussion