

# COVID-19 RETURN TO SPORTS IN HONG KONG – PLANNING & CHECKLIST



## HOW TO USE THIS CHECKLIST

All teams/clubs must nominate a 'COVID Manager' who should complete this form and implement **as many measures as possible** to reduce the risk of disease spread.

Once completed, each Club/Team should submit a copy to the competition Manager and keep a copy for their own records.

### 1. ORGANISATIONAL

ACTION ITEM	YES / NO
Does your team have a 'COVID Manager' nominated?	<input type="checkbox"/>
Has the COVID Manager completed World Rugby COVID-19 Return to Play Awareness for players & coaches and/or administrators?	<input type="checkbox"/>
Does the COVID Manager understand the process to identify and isolate any suspected case in their club/ team?	<input type="checkbox"/>
Will the COVID Manager submit the HKRU medical team declaration form on behalf of all team players and management?	<input type="checkbox"/>

### 2. FACILITIES

ACTION ITEM	YES / NO
Will your club/ team ensure that only essential people attend activities and limit numbers within government requirements?	<input type="checkbox"/>
Will your club/ team manage crowd congestion? (e.g. spreading spectators throughout venue, staggered arrival/ departure times, use of physical distancing signage)	<input type="checkbox"/>
Attendance record - will your club/team maintain an attendance register for all facility users including contact details?	<input type="checkbox"/>

### 3. HYGIENE

ACTION ITEM	YES / NO
Has your club/team communicated to all stakeholders that they should stay home if they a) Have cold or flu symptoms b) Been in direct contact with a known COVID-19 case in the past 14 days c) A high risk from a health perspective (elderly or pre-existing health condition)?	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

# COVID-19 RETURN TO SPORTS IN HONG KONG – PLANNING & CHECKLIST



ACTION ITEM	YES / NO
Will your club/ team provide advice to players, management, and families on personal hygiene such as a) Regular and thorough hand washing b) Practicing respiratory hygiene c) Avoiding touching eyes, nose, or mouth d) No spitting or clearing respiratory secretions on the field or elsewhere	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Does your facility have hand sanitiser in prominent places and widely available?	<input type="checkbox"/>
Does your facility have adequate supplies of cleaning products?	<input type="checkbox"/>
Does your club/team have processes in place to ensure all equipment (e.g. rugby balls, pads etc.) are wiped down with cleaning product before and after each session?	<input type="checkbox"/>
Does your club/ team have processes and equipment to implement temperature checks (if not already done on entry into venue)?	<input type="checkbox"/>
Will your club/ team ban communal drink bottles and only allow players to use individual drink bottles?	<input type="checkbox"/>

## 4. MANAGEMENT OF ILLNESS

ACTION ITEM	YES / NO
Does your club/ team have a protocol for managing individuals who present with symptoms or become unwell during a session? • If a participant presents with fever or respiratory symptoms, they should be sent home directly. If they are acutely unwell they should be sent directly to a government hospital.	<input type="checkbox"/>
Does your club/team know how it will notify public health authorities of symptomatic participants?	<input type="checkbox"/>
Is your club/team able to contact other participants in relation to actual/ suspected COVID-19 cases?	<input type="checkbox"/>

## 5. COMMENTS

# COVID-19 RETURN TO SPORTS IN HONG KONG – PLANNING & CHECKLIST



## 6. DECLARATION

I have reviewed the above checklist for and on behalf of the Club/Team listed below. The completed checklist represents a true and correct reflection of the Club/Team approach to each of the considerations set out in the checklist.

Signed	<input type="text"/>	Name	<input type="text"/>
Role	<input type="text"/>	Club & Team	<input type="text"/>
Date	<input type="text"/>		

Once completed please return a copy to your competition Manager and also keep a copy on file.