



HKRUCF | INCLUSIVE SOCIETY

# THE EXILES & UNTOUCHABLES

## THE EXILES

In 2016, the HKRUCF partnered with Hong Kong based charity for domestic workers, Enrich, to form an Exiles Touch Rugby team. The aim of the project is to provide a safe environment for domestic workers to learn touch rugby on Sundays. As a result, 50+ members receive the health benefits of exercise, the social values of rugby, a support network in the absence of family and the ability to compete and interact with other communities.

## UNTOUCHABLES

The sister of the Exiles, partnered with HELP for Domestic Workers, the Untouchables aims to provide a platform for talented athletes to get better coaching, learn from advanced players and play against better opposition. With the help of Macquarie Bank making efforts to raise funds for pitch hire, and the support of DB Pirates in expanding the project to the domestic worker community in Lantau, the goal is to have two extra teams and their own dedicated league by 2020.



**Exiles is to help domestic workers, to uplift themselves and join the wider community. Exiles means a lot to me. I've found friends and family away from home here in HK through this program."**

**MYRA TAPICERIA**  
*Programme Participant*

If you'd like to get involved, or interested in finding out more, please get in touch with

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