

HKRU Mini Rugby Volunteer Education Pathway

	U5	U6	U7	U8	U9	U10	U11	U12
Key Skills	Go forward	Evasion	Passing	Pre-tackle	Tackle	Ruck	Maul, kicking	Scrum
	World Rugby (WR) Rugby Ready							
	HKRU U8 (non contact) Coaching							
				WR Level 1 Coaching				
			HKRU Coacheree					
							WR Level 1 Refereeing	

WR Rugby Ready

A WR course covering the basic principles of rugby. The programme is intended to raise awareness of good practice and help stakeholders manage the inherent risks of a contact sport by putting appropriate safeguards in place. This course may be completed online by candidates with previous rugby experience. The HKRU offers a 3 hour workshop for Cantonese speakers with no previous rugby experience.

HKRU U8 (non contact) Coaching

The HKRU Under 8 course is designed specifically for those coaching the non-contact version of the game for U5 to U8. Participants learn to introduce rugby to beginners through fun and safe activities. Prerequisite; Rugby Ready.

WR Level 1 Coaching

A WR/HKRU foundation course designed to introduce basic coaching skills, safe coaching of contact rugby through 'hotspots' or key factors and the ability to analyse the game through the principles of rugby. Prerequisite; Rugby Ready

HKRU Coacheree

A course for U9 to U12 coaches to improve their game management and core refereeing skills. Prerequisite: Rugby Ready, Level 1 Coaching.

WR Level 1 Refereeing

A WR/HKRU introductory course designed to enable development of basic refereeing skills with a specific Hong Kong mini rugby flavour tailored to suit the needs of U11 and U12 referees. The course will equip referees to graduate to Colts and Senior refereeing. Prerequisite; Rugby Ready, Level 1 Coaching, Coacheree.