



HKRUCF | HEALTH

ADHD PROGRAMME

THE AIM OF THIS PROGRAMME IS TO HELP YOUNGSTER WITH ADHD LEARN THROUGH PHYSICAL ACTIVITY AND IMPROVE THEIR PARENTS UNDERSTANDING OF ADHD AND HOW BEST TO INTERACT WITH THEIR CHILD EFFECTIVELY.

The Foundation launched the ADHD Programme in February 2019 aiming to teach students with ADHD to learn rugby values, providing a platform to enhance family harmony through participating in sport.

To find out more about our pilot programme, click [here](#).



If you'd like to get involved, or interested in finding out more, please get in touch with

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