



HONG KONG INTERNATIONAL SPORTS & EMERGENCY MEDICINE CONFERENCE 2024 3-4 APRIL

Join Hong Kong China Rugby and event sponsor Gleneagles Hospital Hong Kong as we welcome a panel of expert speakers at the HKISEM Conference for lively, interactive sessions, discussions and information sharing.

Featuring the latest trends in nutrition, cardiology, brain health and psychological support along with special focus topics such as adolescent, female and retiring athletes. In addition we will discuss injury prevention and education in the community and how to ensure we have sustainable programmes and policies in place for the future.

DISCUSSION LEADERS



David Owens



Wong Tak Man



Cheung Chi-Kin, Arthur



Man Ka Yun



Timothy Rainer

FEATURED SPEAKERS



Araba 'Roo' Chintoh



Austin Jeans



James Robson



Des Ryan



Mutsuo Yamada



Stephen Mellalieu



Hope Kent



Andy Smith



Zaheer Yousef

Ticket Info: www.hkrugby.com/get-involved/hkisem-2024

CPD/CME POINTS APPLIED FOR



Gleneagles Hospital Hong Kong, 1 Nam Fung Path, Wong Chuk Hang, Hong Kong



For further information, please email katie.devos@hkrugby.com

HONG KONG INTERNATIONAL SPORTS & EMERGENCY MEDICINE CONFERENCE 2024

THE PROGRAMME

Day 1

3
APR

09:00 – 09:10

Opening by Chris Brooke, Chairman HKCR

Session 1

Local Updates: Managing Athletes in the Community

09:10-09:30

Kenyon Man: Radiology for Sport Injuries

09:30-09:50

Wong Tak Man: Orthopaedics for Community Athletes

09:50-10:10

Arthur Cheung: Assessment and Management of Sports Injuries in a Private Emergency Department

10:10-10:20

Panel Discussion

10:20-10:50

Coffee Break

Session 2

Managing Specific Player Groups

10:50-11:10

Steve Mellalieu: Reflections on Developing the Adolescent from a Sports Science and Medicine Perspective

11:10-11:30

Roo Chintoh: Mental Health in the Elite Female Player - What Injury Surveillance Can Teach Us

11:30-11:50

James Robson: Rugby For Life - Player Welfare from Adolescence to Retirement

11:50-12:00

Panel Discussion

Session 3

Illness Prevention and Management

12:00-12:20

Zaheer Yousef: The Athletic Heart

12:20-12:40

Austin Jeans: Nutritional Health

12:40-12:50

Panel Discussion

12:50-13:50

Lunch Break

Session 4

Brain Injury Assessment and Management

13:50-14:10

Hope Kent: Brain Health Research

14:10-14:30

James Robson: Brain Health Clinic

14:30-14:40

Deirdre Keating & Roo Chintoh: World Rugby Brain Health Services

14:40-14:50

Panel Discussion

Session 5

Injury Prevention, Education and Management

14:50-15:10

Des Ryan: Creating Sustainable S&C Support for Adolescent Players (Virtual Presentation)

15:10-15:30

Andy Smith: Immediate Care Training in Sport

15:30-15:40

Panel Discussion

15:40-16:10

Tea Break

Session 6

Making a Difference: Lessons from Sports for Public Policy Impact

16:10-16:30

David Owens: Lessons From Sports for Public Policy Impact

16:30-16:50

Mutsuo Yamada: The RWC 2019 & Olympic 2020 Legacy On-field Medical Management in Various Sports

16:50-17:00

Panel Discussion

17:00-17:10

Closing by David Owens, Chief Medical Officer HKCR

HONG KONG INTERNATIONAL SPORTS & EMERGENCY MEDICINE CONFERENCE 2024 THE WORKSHOPS

Day 2

4
APR

Session Hosts

Athlete ECGs	Zaheer Yousef
Brain Health	James Robson, David Owens & Hope Kent
Nutrition & Sleep	Austin Jeans
Mental Wellbeing	Steve Mellalieu & Roo Chintoh
Radiology for Team Physiotherapists and Doctors	Kenyon Man

Time	Session	Room 1	Room 2	Radiology Department
08:45-09:00	Registration			
09:00-09:50	Session 1	Athlete ECGs	Brain Health	Radiology for Team Physiotherapists and Doctors
09:50-10:10	Break			
10:10-11:00	Session 2	Nutrition & Sleep	Mental Wellbeing	Radiology for Team Physiotherapists and Doctors
11:00-11:20	Break			
11:20-12:10	Session 3	Athlete ECGs	Brain Health	
12:10-12:30	Break			
12:30-13:20	Session 4	Nutrition & Sleep	Mental Wellbeing	
13:20-13:30	Closing			